

# MEDICINE

## NEWS FROM THE DEPARTMENT OF MEDICINE

# MATTERS

Editor, Kim Kelley-Wagner

### MESSAGE FROM THE CHAIR

DECEMBER 2024

 UVA Health | DEPARTMENT OF MEDICINE

#### MISSION

We are dedicated to preventing disease and treating illness, educating and inspiring future leaders in the field of internal medicine, and supporting innovative biomedical research.

#### VALUES

We strive for a sense of community, connection, and synergy among all faculty, staff, and trainees.

#### PLEDGE

We will conform to the highest ethical standards, uphold the values of our partner organizations, and give back to our community through public service.



In the spirit of the season, we often find ourselves in a reflective mood, thinking about the year's events, accomplishments, and challenges. Every year carries a unique essence, a distinctive quality that sets it apart. This year, we have experienced unique political, community, and societal issues that have tested each of you. Your resiliency is evident and much appreciated, along with the grace you demonstrate daily in the excellent work you do

for our patients and the support you give to your colleagues.

Serving you has been an immense source of pride. And, together, we've done some amazing things. In this past year, we've witnessed substantial growth not only in our numbers but also in our clinical, educational, and research missions. Looking ahead, I am very excited about leading the department to new heights and intensifying our commitment to nurture a culture that actively enriches a sense of belonging for every individual.

As we all know, with success often comes challenges. As members of our close-knit community, it remains crucial that we stand united in supporting each other, ensuring that no one bears their burdens alone.

This holiday season, I extend you heartfelt wishes for health and peace. Your contributions are profoundly valued, and we are grateful for the joy, happiness, and healing you bring to our community. Thank you.

With best wishes,

Mitchell H. Rosner, MD, MACR, FRCP  
Henry B. Mulholland Professor of Medicine  
Chair, Department of Medicine

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GRAND ROUNDS . . . . . ▶

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MINDFULNESS MATTERS . . . ▶

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# UVA Health

# DOM UPDATES & NOTES

## DOM Financial Update

### Department of Medicine Summary of Consolidated Financials October 2024

FY25 as of	Budget YTD	Actual YTD	\$ Variance YTD
Work RVUs	445,902	457,384	1,482
Clinical Receipts (NPSR)	29,877,342	28,853,223	(1,024,120)
Total Revenues	86,726,843	88,065,307	1,338,464
Total Expenditures	84,209,889	84,919,954	(710,065)
<b>Net Income</b>	<b>2,516,954</b>	<b>3,145,353</b>	<b>628,399</b>

#### Summary Explanation of Variance:

For Q1, DOM reported a consolidated net gain of \$3.1M and a favorable variance to YTD net income budget of \$628K.

Clinical receipts underperformed budget by \$1.0M primarily due to the impact of lower conversion factor, changes in third party agreements, unrealized budgeted revenue cycle efficiency, budgeted risk withheld for transplant posted to miscellaneous revenue, lower MIPS payments, accrual model adjustments and CrowdStrike software outage.

Total revenues include \$2.6M clinical deficit coverage revenue accrual, \$1.6M unbudgeted gifts and \$3.6M endowment revenue for the remainder of the fiscal year.

Total expenditures are impacted by unbudgeted grant expenditures, unbudgeted hires, extra clinic shifts and unrealized budgeted staff and incentive reduction contingencies.

## Cancer Center Menu of Data Resources

Have you ever wondered what kinds of UVA cancer patient clinical, genomics, and specimen data are available and how to get them?

If so, please check out the new Menu of Data Resources from the Cancer Center. It answers this question.

**FOLLOW UVA ENDO**

**FOLLOW UVA ID**

**FOLLOW UVA  
PULMONARY**

**FOLLOW UVA  
NEPHROLOGY**

**FOLLOW GASTRO**

**FOLLOW CARDIO**

DEPARTMENT OF MEDICINE  
**MEDICINE GRAND ROUNDS**  
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**MINDFULNESS  
MATTERS**  
A Newsletter from the  
UVA Mindfulness Center



# DOM UPDATES & NOTES



John Kim MD



Craig Portell MD



Karen Duffy AG-ACNP

## Awards and Achievements

Congratulations to **Dr. John Kim** (Division of Pulmonary and Critical Care), who has been selected to participate in the Southern Regional Meeting 2025 as a Tinsley Harrison Scholar sponsored by the Southern Society of Clinical Investigation. This is a competitive process, and his selection reflects his commitment to academic medicine and his accomplishments thus far.

Congratulations to **Dr. Craig Portell** (Division of Hematology and Oncology), featured in two [Targeted Oncology](#) articles on mantle cell lymphoma and "[Sequencing Therapies in Relapsed/Refractory Mantle Cell Lymphoma.](#)" Dr. Portell presented findings on sequencing therapies in relapsed/refractory mantle cell lymphoma (MCL) at the [2024 Society of Hematologic Oncology \(SOHO\) Annual Meeting](#). With increasing resistance to Bruton tyrosine kinase (BTK) inhibitors, Portell discussed the challenges in determining the optimal treatment approach for patients after initial therapy failure.

Congratulations to **Karen Duffy, AG-ACNP** (Division of General, Geriatric, and Palliative Medicine), who has been named by The Committee on Women in Medicine and Science (COWIMS) as November's Woman of the Month. Karen Duffy is an adult gerontology nurse practitioner, and this spotlight honors her work, which specializes in providing care to older adults with acute, complex, and often chronic health conditions. [Read more...](#)

The University of Virginia Cardiology fellowship participates in the Mid-Atlantic Capitol Cardiology Symposium hosted by the American College of Cardiology (ACC). In the interest of fun, several fellowships in Virginia get together for a cardiology-themed jeopardy contest with topics ranging from EP, advanced imaging, guidelines, prevention, heart failure, and many more. This year, **Jamey Cutts, Scott Warner, and Anish Desai** were selected to be on the team and were able to win. They will move on to the National ACC meeting in Chicago this coming April, which will be a lot of fun! Congratulations team!



From left: Anish Desai, Scott Warner, and Jamey Cutts



Photo Merrill Hart, The Cavalier Daily

University of Virginia students and physicians team up for another year of free kidney screenings. The **University's Kidney Disease Screening and Awareness program** offers walk-in events targeted at underserved communities.

Founded in Spring 2022, collaboration between students, physicians, and community members has offered open kidney health screenings at locations like Mt. Zion First African Baptist Church and the Islamic Society of Central Virginia. At this fall's event, KDSAP members filled Portico Church Saturday with equipment to measure BMI, run urinalysis, and conduct blood tests in medical gloves and UVA. Health t-shirts featuring a cartoon kidney, KDSAP members prepared for their rotations.

# GIVE WHERE YOU LIVE

## Support our local nonprofits





## Clinical Trials

New Hematology/Oncology Clinical Trials (opened since 10/01/2024)

### CELLULAR THERAPIES

*A Phase 3 Randomized Study Comparing Daratumumab, Bortezomib, Lenalidomide and Dexamethasone (DVRd) followed by Ciltacabtagene Autoleucl versus Daratumumab, Bortezomib, Lenalidomide and Dexamethasone (DVRd) followed by Autologous Stem Cell Transplant (ASCT) in Participants with Newly Diagnosed Multiple Myeloma who are Transplant Eligible*

IRB # 300010

CT. Gov. ID: NCT05257083

Sponsor Protocol: JNJ-68284528

Sponsor: European Myeloma Network

Principal Investigator: Foster, Laahn

Study Contact: Sara Casana      qna7wg@uvahealth.  
434-924-5254

*A Randomized, Open-label Study Evaluating the Efficacy and Safety of Cemacabtagene Ansegedleucl in Participants with Minimal Residual Disease After Response to First Line Therapy for Large B-cell Lymphoma*

IRB # 301302

CT. Gov. ID: NCT06500273

Sponsor Protocol: ALLO-501A-202/ALPHA3

Sponsor: Allogene Therapeutics, Inc.

Principal Investigator: Varadarajan, Indumathy

Study Contact: Eva Forman      stw7ak@uvahealth

### GENTO URINARY (GU)

*MODERN: An Integrated Phase 2/3 and Phase 3 Trial of MRD-Based Optimization of ADjuvant ThERapy in URothelial CaNcer*

IRB # 301541

CT. Gov. ID: NCT05987241

Sponsor Protocol: A032103

Sponsor: Alliance

Principal Investigator: Viscuse, Paul

Study Contact: Genevieve D Deeken      gdd4upe@virginia.

### HEAD AND NECK

*A Phase 1b/2, Open-label Study of Amivantamab Monotherapy and Amivantamab in Addition to Standard of Care Therapeutic Agents in Participants with Recurrent/Metastatic Head and Neck Squamous Cell Carcinoma*

IRB # 301202

CT. Gov. ID: Not specified

Sponsor Protocol: 61186372HNC2002 / OrigAMI

Sponsor: Janssen Research & Development

Principal Investigator: Kaur, Varinder

Study Contact: Rachael L Zhang      rlz4fp@virginia.  
571-699-6379

### THORACIC

*TEMPUS GEMINI NSCLC SURVEILLANCE STUDY: A Longitudinal Multi-Omic Biomarker Profiling Study of Patients with Non-Small Cell Lung Cancer (NSCLC)*

IRB # 301517

CT. Gov. ID: NCT05236114

Sponsor Protocol: TP-CA-002

Sponsor: Tempus Labs, Inc.

Principal Investigator: Gentzler, Ryan

Study Contact: Yaroslav Shvorak      ys7cb@uvahealth.  
434-297-7384

## In Media

### Scientists Earn \$7.4 Million for Lung Research Using Hyperpolarized Xenon MRI

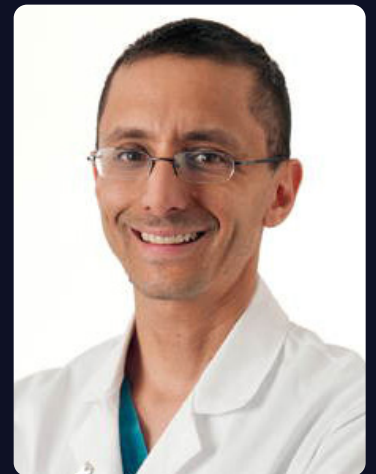


Three School of Medicine researchers, Y. Michael Shim, MD, Jaime Mata, PhD, and John P. Mugler, PhD, were awarded two five-year NIH R01 grants totaling \$7.4 million for research using hyperpolarized xenon-129 MRI to evaluate lung transplant rejection and abnormalities in the lungs of electronic cigarette users. Drs. Mata and Mugler are professors in the Department of Radiology and Medical Imaging, and Dr. Shim is a professor in the Department of Medicine, Division of Pulmonary and Critical Care.

[READ MORE](#)

### Dr. Scott Lim is quoted in MedPage Today discussing an aortic valve replacement trial.

Scott Lim, MD, of the University of Virginia Health System in Charlottesville, told MedPage Today that he was “pleasantly surprised by the overall results.” The surgical studies opens in a new tab or window that had suggested some benefit to early TAVR had been small and underpowered, he noted. “I am overall impressed that while the primary endpoint was driven mainly by the difference in future unplanned interventions (which mainly was likely due to patients becoming symptomatic, and then having their aortic valve replaced), the secondary measures indicated significant benefit in terms of favorable outcomes at 2 years, and improved measures of [left ventricular] and [left atrial] health,” Lim commented in an email.



[READ MORE](#)

## Dr. Ryan Gentzler Talks With The American Cancer Society About How Smoking and Vaping Together Increase Your Lung Cancer Risk More Than Just Smoking.

People who both smoke cigarettes and use electronic cigarettes (e-cigarettes, e-cigs, or vapes) are 4 times more likely to develop lung cancer than people who only smoke cigarettes, new research finds.

“My takeaway from this study is that patients who smoke and vape really need to make efforts to quit both, because it’s very clear that both are harmful to the lungs.” said Ryan Gentzler, MD, an American Society of Clinical Oncology (ASCO) expert and an associate professor in hematology and oncology at the University of Virginia Comprehensive Cancer Center.



[READ MORE](#)

## Laurie Archbald-Pannone, MD, Featured on TV Stations Nationally About Senior Vaccinations for COVID, Flu, and RSV

Lauri Archbald-Pannone, MD, a physician specializing in geriatric medicine and an associate professor of medicine at UVA, was featured on local and national TV stations discussing the importance of COVID, flu, and RSV (respiratory syncytial virus) vaccinations for seniors.



[READ MORE](#)

## Antonio Abbate, MD, PhD, Featured in Public Service Video With NHL Player Henrik Lundqvist about a heart condition called recurrent pericarditis.

Antonio Abbate, MD, PhD, the Ruth C. Heede Professor of Cardiology in the Department of Medicine, appeared in a public service video alongside NHL player Henrik Lundqvist, discussing Lundqvist’s experience with a heart condition known as Recurrent Pericarditis (RP).



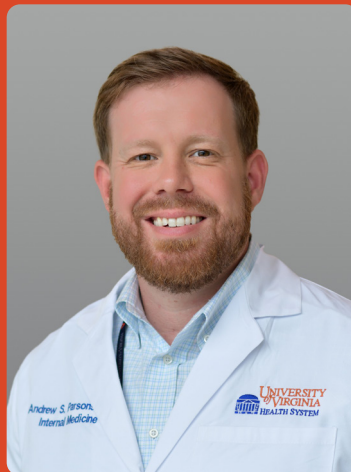
As an expert on RP, Dr. Abbate explains the disease’s nature and offers guidance on how a person can take control of their condition. According to Dr. Abbate, “RP is an inflammation of the pericardium, which is a membrane around the heart like a sack, induced by an injury like a virus or surgery. However, it fails to resolve and becomes recurrent over time, lasting several years.”

[READ MORE](#)

## Chat GPT Plus Does Not Significantly Improve the Accuracy of Doctors’ Diagnoses, a new study led by Andrew Parsons, MD, concludes.

With hospitals already deploying artificial intelligence to improve patient care, a new study has found that using Chat GPT Plus does not significantly improve the accuracy of doctors’ diagnoses when compared with the use of usual resources.

The study, from UVA Health’s Andrew S. Parsons, MD, MPH and colleagues, enlisted 50 physicians in family medicine, internal medicine and emergency medicine to put Chat GPT Plus to the test. Half were randomly assigned to use Chat GPT Plus to diagnose complex cases, while the other half relied on conventional methods such as medical reference sites (for example, UpToDate©) and Google. The researchers then compared the resulting diagnoses, finding that the accuracy across the two groups was similar.



[READ MORE](#)



## Dr. Kyle Enfield talks with WTKR (Norfolk TV) about the importance of COVID and flu vaccines.

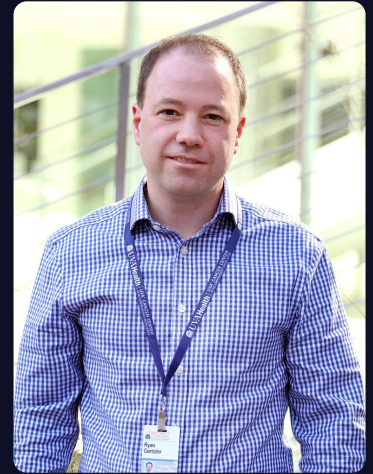
We are just days from family gathering season and with that often brings a surge in colds and viruses. Dr. Kyle Enfield, Professor of Medicine at the University of Virginia warns that cough may be much more. . He and the CDC suggest that now more than ever, it's important for Virginians to know that vaccines are the best protection from severe illness from flu or COVID-19. Vaccines can make your symptoms mild so that you can do what you want without risking exposing others to a flu or COVID-19 infection.



[READ MORE](#)

## Q&A with Dr. Ryan Gentzler: What's Going on With Lung Cancer Research?

In August, UVA Cancer Center became the first in Virginia to offer lung cancer patients the new drug tarlatamab, approved in May as immunotherapy to supercharge the body's immune system to fight small-cell lung cancer in combination with chemotherapy.



The drug went through Phase 3 testing for the FDA at the Cancer Center and was one of several potential treatments investigated by the center's researchers.

"We have a number of clinical trials at any given time for various subtypes and stages of the disease," said Dr. Ryan Gentzler, a long-time thoracic medical oncologist at UVA Health treating patients with cancer in the chest, predominantly lung cancer.

[READ MORE](#)

## Melissa Kendall, PhD, and Bill Petri, MD, PhD, Discuss E. Coli in Your Food



To better understand E. coli and its impact on human health, UVA Today reached out to Melissa Kendall, PhD, an associate professor in the Department of Microbiology, Immunology and Cancer Biology, and William Petri, MD, PhD, the Wade Hampton Frost Professor of Medicine, to get their insights into the outbreak.

In the article, Drs. Kendall and Petri discuss how people can avoid pathogenic E. coli and what to do if they suspect they are ingesting contaminated food.

[READ MORE](#)

## Kenneth Walsh, PhD, Presents Lecture at Nobel Symposium in South Africa, sharing research about genetic mutations that link aging with cardiovascular disease.

Kenneth Walsh, PhD, a professor of internal medicine and resident faculty member of the UVA Robert M. Berne Cardiovascular Research Center, traveled to the Nobel Symposium in Physiology or Medicine held in October in Cape Town, South Africa. He presented his work, "Genome Instability in the Immune System: Linking Aging with Cardiovascular Disease," at the invitation-only event, which gathers leading scientists and observers for five days of discussion.



[READ MORE](#)

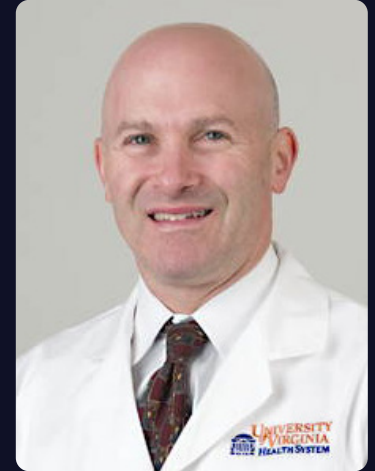
## UVA Health Allergist Dr. Emily McGowan Discusses the Rise of a Rare Allergy



WATCH ON NBC29

## Dr. Christopher Kramer explains how a weight-loss drug can reduce the risk of death from heart failure.

Researchers at the University of Virginia Health System say a weight-loss drug can help reduce a patient's risk of death from heart failure. According to a release, it was tested in a clinical trial that involved 146 sites across the country and around the world, with more than 730 patients participating.



WATCH VIDEO

## New Technique Better Diagnoses Deadly Coronary Artery Disease

A new technology which allows doctors to quantify blood flow in the heart can improve their ability to diagnose potentially deadly coronary artery disease (CAD), an international study led by School of Medicine investigators has found.

"These findings are important because it means that a non-invasive test like CMR can be used to help diagnose CAD even at medical centers that may not have highly experienced physicians available to interpret the test," said researcher Amit Patel, MD, a cardiologist and imaging expert at UVA Health.



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## UVA Health is the first hospital in Virginia to offer a new heart valve replacement procedure.

"A lot of patients have tricuspid regurgitation and, prior to this, there weren't a lot of solutions or any solutions," said UVA Health interventional cardiologist Dr. John Saxon. "For many of them, they were not candidates for surgery because of the recovery and the risk."



WATCH VIDEO



## UVA Resources for Team Members

support for dealing with crisis and how to stay informed.



# DOM UPDATES & NOTES

## What's Your Story?

This month, we introduce a new feature where you can share your stories of success, encouragement, and teamwork. Here, **Dr. Kim Dowdell** shares a story about collaborative pharmacy support that has transformed the care for one of her patients and benefited the clinic's efficiency.

'Lisa' is a 60-year-old female with type 2 diabetes complicated by gastroparesis, and I (and Endo) have had a tough time getting control of her diabetes.

She's a very sweet patient and really tries to do all the right things. Still, we just haven't been able to get her diabetes under control particularly since she stopped tolerating her GLP1 agonist in 2022 due to her gastroparesis.

She was one of the first patients enrolled in University Physicians Charlottesville (UPC) chronic care management pilot in April of 2023. Chronic care management (CCM) is for patients with two or more medical conditions expected to last 12 months or more. The program allows clinical staff, in this case, nursing and pharmacy, to reach out to the patient proactively to check in on clinical goals, provide care coordination, and make provider-directed changes to improve a patient's health condition.

Before her enrollment, Lisa had been calling the clinic frequently and required frequent in-person visits.

Initial enrollment in CCM allowed her to decrease that frequency to 3-4 months as the nurse checking in with her was able to catch some of her complaints before they became visit-worthy problems.

At the beginning of this year, I asked Morgan, our Pharm D, to start seeing her for the management of her diabetes; I just felt like she needed more touches than I could ever give her as a provider.

Morgan has been working closely with her, and the results have been amazing. She hasn't needed one additional appointment outside of what we need for routine chronic care management.

More importantly - Look at the results we've been able to obtain.

1 Year Ago

04/07/2023	+	ED
12/06/2022	-	Admission

2 Years Ago

09/16/2022	-	Admission (Disch... Gastro
08/17/2022	+	ED
06/03/2022	-	Admission
12/29/2021	-	Admission (Disch... Surgery
12/09/2021	+	ED
12/04/2021	-	Admission

3 Years Ago

09/10/2021	+	ED
04/09/2021	-	Admission (Disch... Gastro
03/01/2021	-	Admission
11/05/2020	-	Admission
05/26/2020	+	ED Emergency Me
05/20/2020	-	Admission
05/19/2020	+	ED Emergency Me
02/13/2020	-	Admission (Disch... Gastro
12/16/2019	+	ED Emergency Me

5 Years Ago

Hemoglobin A1C	
Ref. Range & Units	ACTION REQUIRED >8% %
11/14/24 09:57	7.5
07/24/24 09:04	8.3
05/10/24 11:47	8.2
03/18/24 08:49	9.4
11/22/23 11:26	8.2
07/31/23 12:07	8.0
04/25/23 09:07	9.0

There is an ROI here that is not only billable but also has downstream implications. The obvious - her health is better.

Second is that we've kept her out of the ED/hospital. I think this is because we've gotten her diabetes under better control, and she's much more connected with

the clinic, so when she has a problem, she feels more empowered to address it.

I will see if Endo is comfortable letting her return to primary care - which will open them up for access.

Additionally, I haven't needed to see her as much either, which has opened me up to access to my other patients.

I want to give a big shout-out to my team on this. They've done fantastic work, and we're just starting to get this program going.

Kim Dowdell, MD FACP  
Associate Professor of Medicine  
Vice Chair Ambulatory - Primary Care & Telemedicine  
Medical Director - University Physicians Charlottesville  
Director of eConsults UVA in the Office of Telemedicine



# DOM UPDATES & NOTES

## Patient Experience Awards

Congratulations to DOM members in this year's Patient Experience Awards! "The Patient Experience Awards celebrate those who go above and beyond, delivering not just expertise but also empathy and a personal touch in every interaction," said UVA Health University Medical Center CEO Wendy Horton, PharmD, MBA, FACHE, in her welcome speech on November 4th at a celebration honoring recipients. [Read more...](#) [Watch a patient experience video](#) honoring **Dr. Lindsay Carter**. "I feel like I won the doctor lottery." Congratulations to those listed below, and thank you for all your hard work and all you do. (Photo: Coe Sweet)



**Mohammad Abuannadi MD**, Division of Cardiology  
**Dana Albon MD**, Division of Pulmonary & Critical Care  
**Curtis Argo MD**, Division of Gastroenterology  
**Emily Ayers MD**, Division of Hematology & Oncology  
**Maria Badaracco MD**, Division of General Medicine  
**Karen Ballen MD**, Division of Hematology & Oncology  
**Merry Ellen Barnett MD**, Division of Cardiology  
**Brian Behm MD**, Division of Gastroenterology  
**James Bergin MD**, Division of Cardiology  
**Kenneth Bilchick MD**, Division of Cardiology  
**Zachary Boggs MD**, Division of General Medicine  
**Catherine Bonham MD**, Division of Pulmonary & Critical Care  
**Larry Borish MD**, Division of Asthma, Allergy & Immunology  
**Jamieson Bourque MD**, Division of Cardiology  
**Christiana Brenin MD**, Division of Hematology & Oncology  
**Sue Alison Brown MD**, Division of Endocrinology  
**Sara Brumfield MD**, Division of Hospital Medicine  
**Andrew Buda MD**, Division of Cardiology  
**Ross Buerlein MD**, Division of Gastroenterology  
**Garland Adam Campbell MD**, Division of Nephrology  
**Adam Carlson MD**, Division of Rheumatology  
**Lindsay Carter MD**, Division of General Medicine  
**Tushar Chopra MD**, Division of Nephrology  
**Margaret Crook MD**, Division of Endocrinology  
**Andrew Darby MD**, Division of Cardiology  
**Eric Davis MD**, Division of Pulmonary & Critical Care  
**Julia den Hartog**, Division of General Medicine  
**John Densmore MD**, Division of Hematology & Oncology  
**Michael Devitt MD**, Division of Hematology & Oncology  
**Michael Douvas MD**, Division of Hematology & Oncology  
**Kimberly Dowdell MD**, Division of General Medicine  
**Alden Doyle MD**, Division of Nephrology  
**Firas El Chaer MD**, Division of Hematology & Oncology  
**Jeannine Engel MD**, Division of General Medicine  
**Uta Erdbruegger MD**, Division of Nephrology  
**Jaime Escanellas MD**, Division of Cardiology  
**Laahn Foster MD**, Division of Hematology & Oncology  
**Elizabeth Gaughan MD**, Division of Hematology & Oncology  
**Thomas Gehrig MD**, Division of Hematology & Oncology  
**Ryan Gentzler MD**, Division of Hematology & Oncology  
**Matthew Goodman MD**, Division of General Medicine  
**Colleen Green PA**, Division of Gastroenterology  
**David Guarraia MD**, Division of Cardiology  
**Richard Hall MD**, Division of Hematology & Oncology  
**Zachary Henry MD**, Division of Gastroenterology  
**William Benjamin Horton MD**, Division of Endocrinology  
**Nicolas Intagliata MD**, Division of Gastroenterology  
**Michael Keng MD**, Division of Hematology & Oncology  
**Gitanjali Khurana MD**, Division of Rheumatology  
**Jennifer Kirby MD**, Division of Endocrinology

**Daphney Knicely MD**, Division of Nephrology  
**Rachel Kon MD**, Division of General Medicine  
**Anubhav Kumar MD**, Division of Nephrology  
**Simon Lehtinen MD**, Division of General Medicine  
**Janet Lewis MD**, Division of Rheumatology  
**Thomas Loughran MD**, Division of Hematology & Oncology  
**Kaitlin Love MD**, Division of Endocrinology  
**Max Luna MD**, Division of Cardiology  
**Amanda Lusa MD**, Division of Rheumatology  
**Elizabeth Lyons MD**, Division of General Medicine  
**Ali Mahjoub MD**, Division of Hematology & Oncology  
**Rohit Malhotra MD**, Division of Cardiology  
**Louise Man MD**, Division of Hematology & Oncology  
**James Mangrum MD**, Division of Cardiology  
**Hannah Mannem MD**, Division of Pulmonary & Critical Care  
**Enrica Marchi MD**, Division of Hematology & Oncology  
**Anthony Marino MD**, Division of General Medicine  
**Trish Millard MD**, Division of Hematology & Oncology  
**Mohamed Morsy MD**, Division of Cardiology  
**Imre Noth MD**, Division of Pulmonary & Critical Care  
**Nicholas Paphitis MD**, Division of Hematology & Oncology  
**Pranav Patel MD**, Division of Hematology & Oncology  
**Barbara Post MD**, Division of General Medicine  
**Michael Ragosta MD**, Division of Cardiology  
**Swati Rao MD**, Division of Nephrology  
**Matthew Reilley MD**, Division of Hematology & Oncology  
**Christopher Rembold MD**, Division of Cardiology  
**Vanessa Shami MD**, Division of Gastroenterology  
**Yun Michael Shim MD**, Division of Pulmonary & Critical Care  
**David Shisler MD**, Division of Cardiology  
**Kanwar Singh MD**, Division of Cardiology  
**Lindsay Somerville MD**, Division of Pulmonary & Critical Care  
**Karen Starr MD**, Division of General Medicine  
**Nina Stewart FNP**, Division of Nephrology  
**Daniel Strand MD**, Division of Gastroenterology  
**Meaghan Stumpf MD**, Division of Endocrinology  
**Karen Sumner AG-ACNP**, Division of Nephrology  
**Angela Taylor MD**, Division of Cardiology  
**Tania Thomas MD**, Division of Infectious Diseases  
**Todd Villines MD**, Division of Cardiology  
**Anita Vincent-Johnson MD**, Division of Nephrology  
**Andrew Wang MD**, Division of Gastroenterology  
**Max Weder MD**, Division of Pulmonary & Critical Care  
**Brian Wentworth MD**, Division of Gastroenterology  
**Jeffrey Wilson MD**, Division of Asthma, Allergy & Immunology  
**Kelly Wingerter MD**, Division of Cardiology  
**Andrew Wolf MD**, Division of General Medicine  
**Jae Hee Yun MD**, Division of Rheumatology  
**Hanna Zaraket MD**, Division of Nephrology

# Research in Motion

**Research in Motion Video: Craig Portell, MD, Associate Professor of Medicine, Division of Hematology & Oncology aims to improve outcomes for lymphoma patients who respond poorly to current therapeutics.**

My work in clinical research in lymphoma is really focused on improving patient outcomes, so sometimes that means identifying groups of patients who may not have the best outcomes with our current treatments and identifying better treatments for them. —Craig Portell, MD

**WATCH VIDEO**

**Women In Internal Medicine Network would love to hear from you!**



*Please share you ideas with us here.*



# FOLLOW

# SUBMIT NEWS

## Is Your Division's Website Content Up-to-Date? Need a Team or Research Lab Photo Shoot?

Researchers and lab managers, if you don't already have a research page dedicated to your team, please get in touch with Kim Kelley-Wagner to get started at [kak2cj@uvahealth.org](mailto:kak2cj@uvahealth.org) or 434.328.0680

## Are You a UVA Researcher? An Innovator?



Licensing & Ventures Group

# Where research gets *real*

We partner with faculty, researchers, and investors to bring innovations discovered at UVA to the marketplace.

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# FOLLOW UVA SCHOOL OF MEDICINE DIVERSITY AND INCLUSION



# DIVISION OF RHEUMATOLOGY

## Message from Janet Lewis MD, Rheumatology Division Chief



The Division of Rheumatology has had another strong year with a continued commitment to excellence in patient care and education exhibited by our faculty members, fellows, and clinical staff over the past year.

We continue to have robust demand for clinical services in the ambulatory setting. We currently have nine faculty members who see patients at the Fontaine, Pantops, and Fishersville Pinnacle clinics, making us one of the largest rheumatology practices in Virginia. We were fortunate to add one new clinical faculty member in the past year. Dr. Alden Adkins joined our Division after completing his fellowship training at UVA.

Recognizing the increasing complexity of medical care in patients with multisystem autoimmune disease, we have continued to develop formal partnerships with other specialties. We currently have a combined pulmonary/rheumatology clinic for patients with interstitial lung disease and a combined dermatology/rheumatology clinic for patients with complex cutaneous and rheumatic manifestations and co-management of psoriatic arthritis. In the past year, Dr. Jacob Meindersma has started a combined rheumatology-ophthalmology clinic with Dr. Arthi Venkat to manage patients with uveitis and other inflammatory eye conditions. Additionally, we have a procedure clinic dedicated to patients who need ultrasound-guided

procedures and diagnostic studies.

Dr. Adam Carlson assumed the role of fellowship program director after Dr. Don Kimpel handed over the reins after many years of dedicated leadership. The fellowship program continues to grow under the guidance of Dr. Carlson and Dr. Jacob Meindersma (associate fellowship director). Interest in rheumatology training has remained strong, and we continue to be able to recruit high-quality candidates for fellowship training. In addition to the fellowship program, our faculty continue to play an active role in teaching medical students and residents.

~Janet Lewis MD

**FOLLOW UVA WOMEN IN INTERNAL MEDICINE NETWORK**



**UVA Health**

## Education Updates



Brian King MD



Alden Adkins MD



Joanna Lee MD



Suqrat Munawar MD

It has been a strong year for the Rheumatology fellowship program. We had two outstanding senior fellows graduate this year. Dr Brian King has taken a job in private practice in Cape Cod, MA. Dr Alden Adkins will remain at UVA and join as faculty in the Rheumatology Division. Both were stellar fellows who worked tirelessly to enhance our training program.

We are excited to welcome two new fellows, Joanna Lee MD, from UVA, and Suqrat Munawar MD, from Centennial Medical Center in Nashville, TN. They join rising senior fellows, Drs. Alyssa Bosso and Bradley Clemens.

After many years of service, Dr. Donald Kimpel stepped down as the fellowship training program director. Dr. Adam Carlson has taken over this role, and Dr. Jacob Meindersma will serve as the new associate program director.

We continued to enhance our training program by adding a dedicated MSK ultrasound curriculum, administered as part of a diagnostic and procedures clinic staffed by Drs Jacob Meindersma and Amanda Lusa. The rheumatology division also maintains robust educational collaboration with other divisions. We have combined educational conferences with Dermatology, MSK Radiology, Pulmonology, Nephrology, and Ophthalmology. We also maintain several combined clinics with Dermatology, Pulmonology, and Nephrology, seeing patients with complex rheumatic diseases that overlap with these specialties.

In undergraduate medical education, Dr. Janet Lewis continues to serve as the co-system leader of the Musculoskeletal Integument System for first-year medical students. All of our rheumatology faculty and fellows pitched in to work with first year medical students during their Foundations of Medicine course as they interacted with rheumatology patients from our clinics.



From left: Bradley Clemens (1st yr Fellow), Alyssa Bosso (1st yr Fellow), Javanov Barksdale (Fellowship Coordinator), Alden Adkins (Graduating Fellow), Brian King (Graduating Fellow)



## STAFF PROFILE - Tracy Mullins



### ***Tell us a little bit about yourself.***

I was born in Richmond, Virginia, but raised in Staunton, Virginia. I have one sister, and my entire family lives in the Shenandoah Valley. I am the mother of two boys, ages 34 and 28. I am married and live on a 23-acre mini farm in Fairfield, Virginia, with my husband and dog, Roxie.

### ***What excites you about your work?***

I enjoy learning, and my position at the University of Virginia for the last three years has taught me a lot. I love looking at the finances/spreadsheets and analyzing the information. This position is different from my previous finance position at JMU, and so far, it has been fun learning the financial workings of UVA!

### ***What do you consider to be your greatest achievement outside of the professional realm?***

My greatest achievement outside of work is raising two great boys. Both of my children have become kind, honest, and hard-working men.

### ***What do you enjoy doing on the weekend?***

My weekends are filled with gardening, animals, canning in the summer, and traveling on the weekends in the winter to Bluegrass festivals.

### ***What about you would surprise us?***

Many are surprised that I was a Sergeant in the Air Force for five years. I was based at Homestead AFB in South Florida, which was a great location near all the beaches and Key West!

### ***How did you meet your spouse/significant other?***

My husband and I met on Match.com in 2014. Online dating was interesting, and it resulted in a perfect marriage!

### ***What is the last book that you read for pleasure?***

I enjoy very light reading at night. I am nearly finished with a series of 19 books called the Vineyard Sunset Series by Katie Winters.





## FELLOW PROFILE - Suqrat Munawar



### ***Tell us a little bit about yourself.***

My name is Suqrat, but I also go by Suki and am one of the incoming rheumatology fellows at the University of Virginia. I hail from Friendswood, Texas, and completed medical school and undergrad at Texas A&M. I had initially trained in radiation oncology before the COVID pandemic steered me towards medicine and, ultimately, Rheumatology. In my free time, I like playing guitar, hiking, and taking our dog-child Lucky to the park.

### ***Why Healthcare?***

The social aspect drew me to healthcare as much of our job is just talking to people. Within the field of Rheumatology, in particular, I get to play detective while easing suffering from complex and sometimes debilitating disease states.

### ***What brought you to Charlottesville?***

Many of my mentors and the individuals that I look up to have trained at the University of Virginia, and thus, the institution has been heralded for as long as I can remember. Coupled with the opportunity to train amongst the finest while residing in a city with all the outdoors has to offer-- left little to question!

### ***What excites you about your work?***

Conversing with patients. As physicians, we share the unique privilege of communicating with individuals from various backgrounds and distinct experiences during trying times of their lives. I often find myself walking away from an encounter, learning as much from a patient as they had from me.

### ***Describe yourself in one word.***

Optimist.

### ***What is the best advice anyone ever gave you?***

"Write it down."

### ***What is a talent or skill you don't have that you wish you did?***

I wish I were a good cook.



# DIVISION OF RHEUMATOLOGY

## FACULTY PROFILE - Alden Adkins



### ***Tell us a little bit about yourself.***

This is my first year at the University of Virginia as an attending physician. Before this, I was at UVA for four years for medical school and later two years for a rheumatology fellowship. As a result, I am well-accustomed to the Charlottesville area! I was born in South Central Virginia and have lived most of my life there. I went to Case Western Reserve University in Cleveland, Ohio, for residency but was thrilled to return to UVA to complete my fellowship training. I am excited to remain in Charlottesville, where I can enjoy hiking and experiencing the natural beauty of the area.

### ***Why Healthcare?***

Ever since I was young, I have been fond of the sciences. I chose healthcare as my career because I thought I could make a tangible difference in people's lives. I think I can provide patients with the knowledge to make well-informed decisions about their health. As I progressed through my medical career, I became interested in education to develop and train the next generation of physicians.

### ***What excites you about your work?***

Rheumatology is a field that is constantly evolving. By understanding the complexities of the immune system, we can drastically change the course of many autoimmune and inflammatory conditions in ways not imaginable just a few years ago. Our capabilities to considerably impact patients' lives are only growing.

