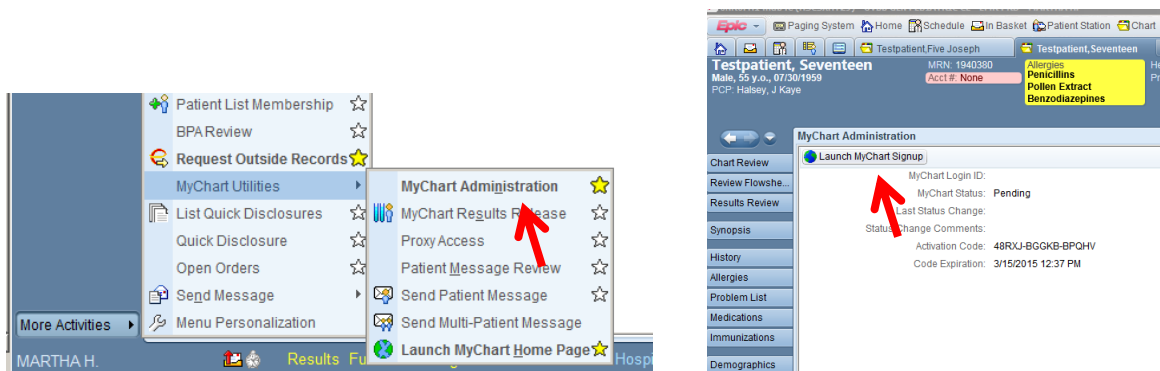MyChart is EPIC's patient portal. MyChart is a secure means for patients to access parts of their health records through a web browser and cell-phone apps. Patients at UVa and across the country want secure electronic access to their medical records and test results and want to be able to communicate with their provider and schedule appointments on-line. Providers at one children's hospital that uses MyChart have seen reductions in telephone encounters and no-shows with MyChart implementation. So it's a win all around! Over the next several newsletters I will share what I am learning about UVa MyChart, so stay tuned.
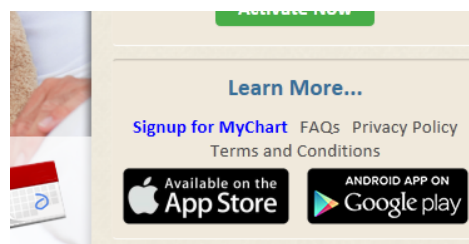
For this month, I invite you to go to MyChart to see what our patients see. If you don't have your own account, you can log in as a test patient. Go to https://mychart.healthsystem.virginia.edu/mychart/ and sign in with username TestFourteen, password mycharttest1. You will see the MyChart account for Mr. Fourteen Testpatient and his son, Eleven Testpatient.

At UVa patients 18 years and older can have a MyChart account. If you are seeing a patient 18 years or older, you or your staff can help them sign up right in clinic. From the patient's chart or visit navigator, go to more activities and find "MyChart Administration".

Then click "Launch MyChart Signup". This will close your EPIC session and open the MyChart registration page for the patient to enter a username and password. Piece of cake! An email address is not required, but patients can enter their email address if they want email appointment reminders and other communications.

Patients can also request an account on-line. Go to https://mychart.healthsystem.virginia.edu/mychart/ and click on "Signup for MyChart". This does require an email address.

There are very good MyChart cellphone apps for iPhone and Android. You cannot sign up for MyChart using the apps, but one you have a MyChart account you can download the apps for free.

For patients younger than 18 years old, parents can request MyChart proxy access. The proxy access does add steps - more about proxy access in upcoming newsletters.