



# RECOVER

AUTONOMIC

## Help researchers better understand autonomic dysfunction related to Long COVID

Researchers are studying possible treatments for adults who have Postural Orthostatic Tachycardia Syndrome (POTS) symptoms related to Long COVID. POTS causes a number of autonomic dysfunction symptoms like fast heart rate, dizziness, and fatigue when standing up from sitting or lying down to standing.

We want to learn if **a study drug called intravenous immune globulin (IVIG) and lifestyle changes** can improve daily functioning for people with ongoing symptoms after a COVID infection.

### You may be a good fit for this study if:

- You are an adult who developed POTS symptoms after getting COVID
- You do not have an active COVID infection
- You still have 1 or more of these POTS symptoms when you stand up:
  - Fast heart rate
  - Dizziness
  - Fatigue

### What to expect in the IVIG or saline placebo group

If you decide to take part, you will have an equal chance of receiving either the active study drug (IVIG) or saline placebo. Your participation should last about 12 months.

#### You would:

- Visit the clinic 5 to 6 times to complete lab tests and physical ability tests
- Receive an infusion of the active study drug (IVIG) or saline placebo for approximately 4 to 6 hours about once a week for 9 months, provided at no cost
- Wear a fitness tracker to record your heart rate and daily activity
- Answer follow-up questions about how you are feeling
- Be paid for your time

In addition to the active study drug or saline placebo, some participants will complete 3 months of coordinated non-drug care, like making diet changes and wearing a compression belt around the stomach.



### Contact the study team:

CovidTrialsUVA@UVAHealth.org

Call: 434-243-4008 or 1-855-UVA-JEDI



**No health insurance is required**

Learn more at [trials.recovercovid.org/autonomic](https://trials.recovercovid.org/autonomic)