

Team Care for the Care Team

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Compassion challenges and resilience in healthcare are often framed in individual terms, yet this perspective is incomplete. Relational efforts, such as communication and teamwork, also have the capacity to support compassion and improve resilience. This workshop features a short presentation followed by interactive activities focusing on team care for the care team.

October 19, 2023 | 12-1 PM
McLeod Hall, room 2010



**Compassionate
Care Initiative**
at the University of Virginia

Part of the CCI Learning Series

Overview:

The CCI Learning Series will provide opportunities for healthcare professionals, caregivers, students, faculty, staff, and community members who have a shared interest in relieving human suffering compassionately to understand and apply lessons learned related to resilience, collaboration and voice.

Upon completion of the learning activity, participants should be able to:

- Describe and understand the issues that diminish resilience, collaboration and voice in compassionate healthcare
- Describe and understand the benefits of improving resilience, collaboration and voice for compassionate care
- Demonstrate and practice skills related to resilience, collaboration and voice for compassionate care
- Apply lessons learned in their own healthcare setting
- Model behaviors that foster resilience, collaboration, and voice to grow and sustain compassionate care.

Target Audience: nurses, physicians, students.

Educational Objectives

Through participation in this session, learners will:

1. Reframe thinking about compassion and resilience from an individual to a team context
2. Explore specific communication practices that can enhance collective well-being (team care)
3. Be prepared to integrate 2-3 practices in healthcare teamwork

Credit Offered: 1.0 *AMA PRA Category 1TM Credits*; 1.0 Contact Hours; 1.0 Hours of Participation; 1.0 IPCE Credits

Disclosure of faculty financial affiliations

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff and planning committee engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Disclosures:

The following speaker has no personal or professional relationships with a commercial entity producing healthcare goods or services: Stephanie Fox, PhD. The following planning committee members have no personal or professional relationships with a commercial entity producing healthcare goods or services: Hannah Crosby, Course Director, Compassionate Care Initiative Director, Regina DeGennaro, DNP, CNS, RN, AOCN, CNL, Julie Haizlip, MD, MAPP, FNAP, Virginia LeBaron, PhD, APRN, FAANP, Natalie May, PhD, Lili Powell, PhD, Linda L. Hanson, Program Manager, School of Nursing Continuing Education.

Accreditation & Designation Statements



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1.0 AMA PRA Category 1 CreditsTM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC Contact Hours: The University of Virginia School of Medicine and School of Nursing awards **1.0 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

Hours of Participation: The University of Virginia School of Medicine and School of Nursing awards **1.0 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)TM* or ANCC contact hours) to a participant who successfully completes this educational activity.

The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

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